

Locations

Pasadena



ProActive Physical Therapy in Pasadena, Texas

Making You Better Is Our Only Business

ProActive Physical Therapy, serving Pasadena, Texas and the surrounding areas including Baytown, Webster, Lake and South Houston, offers a full program of physical therapy services with an emphasis on outpatient orthopedic and sports injuries.

We work closely with local orthopedic surgeons to help patients recover completely from surgeries that range from joint replacements for our geriatric population to ACL tears for our student athletes.

We are distinguished by our outstanding team approach to enhance patient care.

We are also known particularly for our “BRAVE” Program, a unique vestibular rehabilitation treatment plan that helps our clients improve balance, co-ordination and gait.

Our modern facility at 4600 Fairmont Parkway is situated in a two-story building of medical offices. We are an excellent building for those with movement impairments, and we offer ample parking.

Book an appointment:

Pasadena Clinic
4600 Fairmont Pkwy, Suite 205
Pasadena, Texas, 77504
Tel: 281-998-8600
Fax: 281-998-8604

[Click on this link for a map of our clinics and directions.](#)

About Us:

ProActive Physical Therapy is proud of its distinguished reputation for taking an outstanding team approach to patient care.

We work closely with local orthopedic surgeons to help patients recover completely from surgeries that range from joint replacements for our geriatric population to ACL tears for our student athletes.

Serving Pasadena, Texas and the surrounding areas including Baytown, Webster, Clear Lake and South Houston, we specialize in outpatient orthopedics and offer a full program of physical therapy services.

From our facility at 4600 Fairmont Parkway in Pasadena, Texas we have also become known for the effectiveness of our vestibular rehabilitation treatments, our sports injuries therapies and our workplace services to help injured patients safely return to their full duties.

Our modern facility offers ample free parking and our clinic is easily accessed.

Our Services

Physical Therapy

Known for our team approach and its impact on enhancing the effectiveness of our healing, our evidence-based physical therapy is designed to help patients heal from injuries or deal with chronic conditions and ensure, through rehabilitation, that they return to their normal level of activity as quickly as possible.

We start with a full evaluation of each patient and then customize a therapy program we believe will be most effective for pain reduction and return to functionality.

General Orthopedics

Our primary focus is on general orthopedics. We work closely with local orthopedic surgeons to help patients recover from surgeries that include knee replacements for our geriatric population to ACL tears for our student athletes.

Our physical therapists and their assistants are specially trained to help you overcome impediments to function at your maximum capability and without pain.

We are able to devise therapies to correct injuries and conditions that impact the skeletal system and your joints, muscles, and ligaments.

Manual Therapy

We use mobilization and manipulation techniques in manual therapy to reduce pain and improve your range of motion and add flexibility to stiff joints and limbs.

As part of your road to wellness, we will prepare an individual program of exercises you can work on at home between sessions to speed your recovery.

Vestibular Rehabilitation

Our customized science-based BRAVE vestibular rehabilitation therapy program is known in our region and for its effectiveness in helping patients who deal with balance issues, benign paroxysmal positional vertigo (BPPV) and long-term inner ear disorders.

We will work with you to determine the source of the problem and then provide customized treatments to help restore balance and stability.

Return to Work Programs

We have devised effective work hardening programs to help injured workers prepare themselves for a return to their workplace and full active living.

We will help you restore joint and muscle function and provide therapy for strains and sprains relating to specific occupational industries.

Functional Capacity Evaluations

We will visit workplaces and create clear and factual outlines of the skills, abilities and knowledge needed to do your unique job. Our emphasis, as physical therapists, is on the specific physical abilities workers will need to complete their tasks.

Sports Strengthening and Sports Injuries

ProActive PT in Pasadena, Texas is a leader in treating sports injuries and providing sports strengthening programs for both recreational and professional athletes.

We have effective therapies for dealing with sprains, strains and fractures as well as treatments for sports specific injuries.

like golfer's shoulder and runner's knees.

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