

Locations

Woodlands









ProActive Physical Therapy in the Woodlands, Texas

Making You Better Is Our Only Business

ProActive Physical Therapy Centers have been serving the greater Houston area since 2000. We are proud to have a clinic in the Woodlands to serve this wonderful and growing community. Our mission is to make our patients better in a caring and compassionate manner.

YOU deserve the best care available. At ProActive, we offer a wide range of physical therapy options, manual therapy, and special evidence-based techniques that speed the healing process. Our goal is to ensure we find the underlying cause of your pain; then provide world class treatment.

You can expect some of the following therapy: dry needling, augmented soft tissue mobilization which helps to break down scar tissue and healthy soft tissues (muscles, tendons, etc.) and reduce scar tissue that causes pain and restricts movement, RockTape, a new type of therapeutic tape that has proven to be effective in treating common sports injuries and enhancing athletic performance. We also employ staff that is Neuro IFRAH trained and have experience since 2010 working with a diverse neurological patient population.

Our facility has a broad-based client list in terms of ages and conditions and are constantly welcoming new clients and new challenges. We are located at 8850 Six Pines Suite Dr, 290. The facility offers convenient parking, elevator accessibility and port cache for those rainy days.

Contact Us

The Woodlands Clinic
8850 Six Pines Dr., Suite 290
The Woodlands, Texas 77380
Ph. 281-819-6978
Fax 281-819-6600

[Click on this link for a map of our clinics and directions.](#)