

Services

MASSAGE THERAPY



Why Massage Therapy?

Out of all the rehabilitation and specialized services ProActive Physical Therapy offers, massage therapy is definitely a patient favorite. This type of therapy is the perfect complement to any rehabilitation program. In addition, massage therapy is an effective technique in preventative care, as well as general wellness, relaxation, and injury prevention. It's an important part of the total wellness package and offers something for everyone.

ProActive Physical Therapy's Massage Therapy Services offer our patients and clients the opportunity to meet all of their health and wellness needs. This cash-based program is only provided by Licensed Massage Therapists.

Massage Services

- Deep Tissue Massage
- Swedish Massage
- Sports Massage
- Pre/Post Natal Massage
- Chair Massage

Benefits of Massage

Massage therapy offers a range of health benefits, both mentally and physically. No longer solely considered a luxury, massage therapy is also used for maintenance and is recognized as an effective treatment for many health conditions.

- Reduces stress

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- Reduces fatigue
- Helps improve posture
- Reduces pain associated with scars and adhesions
- Lowers heart rate and blood pressure
- Enhances flexibility and mobility
- Strengthens the immune system
- Promotes circulation and healing
- Reduces muscle/joint pain
- Reduces symptoms of TMJ and Carpal Tunnel Syndrome

Massage Therapy Services vary by facility. Please contact your nearest ProActive Physical Therapy location for pricing and availability.

Gift coupons are available for purchase for Massage Therapy Services.